

# Mosby's Nursing Video Skills

Student \_\_\_\_\_

Date \_\_\_\_\_

Instructor \_\_\_\_\_

Date \_\_\_\_\_

## PERFORMANCE CHECKLIST FOR PERFORMING GASTRIC OCCULT BLOOD TESTING

S	U	NP	Comments
1. Verified the health care provider's orders.	_____	_____	_____
2. Gathered the necessary equipment and supplies.	_____	_____	_____
3. Performed hand hygiene, and provided for the patient's privacy.	_____	_____	_____
4. Introduced self to the patient and family,	_____	_____	_____
5. Identified the patient using two identifiers.	_____	_____	_____
6. If patient has nasogastric tube (NG tube):			
A. Verified the patient's NG tube placement.	_____	_____	_____
B. Obtained a specimen by disconnecting the nasogastric or nasoenteric tube from suction, or obtained gravity drainage from the tube.	_____	_____	_____
C. Using a bulb or catheter-tip syringe, aspirated 5 to 10 mL of fluid from the tube. If they found red blood or coffee-ground material, reported these findings immediately to the health care provider.	_____	_____	_____
D. Reconnected the NG tube.	_____	_____	_____
7. Performed the Gastrocult test on stomach contents:			
A. Using a wooden applicator or 3-mL syringe, applied one drop of the gastric sample to the Gastrocult test slide.	_____	_____	_____
B. Applied two drops of the commercial developer solution over the sample and one drop between the positive and negative performance monitors on the Gastrocult test slide.	_____	_____	_____
C. Verified that the performance monitor turned blue within 30 seconds.	_____	_____	_____
D. After 60 seconds, compared the color of the gastric sample with that of the performance monitor.	_____	_____	_____
E. Disposed of the test slide, the wooden applicator, and the syringe in the proper receptacle. If needed, reconnected the nasogastric or nasoenteral tube to the	_____	_____	_____

- drainage system. Disposed of used supplies, removed gloves, and performed hand hygiene.
- 8. Helped the patient into a comfortable position, and placed toiletries and personal items within reach.
- 9. Placed the call light within easy reach, and made sure the patient knows how to use it to summon assistance.
- 10. Raised the appropriate number of side rails and lowered the bed to the lowest position.
- 11. Removed and disposed of gloves, if used. Performed hand hygiene.
- 12. Documented and reported the patient's response and expected or unexpected outcomes.